

IGC PACKING GUIDE



Summer casual clothing is appropriate for camp. The clothes brought to camp are likely to get extra dirty and may get damaged or lost. Avoid bringing lots of brand-new, expensive clothes to camp.

Please label all items brought to camp. This is the best way to ensure that the items brought to camp will come home from camp. Use a permanent laundry marker to label items but use more than just initials. All forgotten clothing and unclaimed items are donated to charity at the end of each following camp week. If you believe that your camper may have an item in 'lost and found,' you must contact the camp office in the week after your camper returns home.

Camp is a great place for campers to learn responsibility, this includes carrying their own luggage. We recommend using duffel bags on wheels, so campers can easily maneuver their luggage up and down the hilly terrain. Storage space is limited, and luggage cannot be higher than 14 inches, so it will fit under the bed.

PACKING LIST

1. General Clothing

Leotards and shorts/leggings, and boy's workout clothing (to be worn during all gymnastics classes; (fitted workout tees may be worn over leotards)

T-Shirts

Shorts

Underwear

Bathing Suit

Sleepwear

Two towels (shower & pool)

Swimwear

Sweatpants or Thigh Length Shorts (for Scary Aerie)

Sweatshirt

Socks

Face Masks (optional)

1 pair of Hand Grips (recommended, not required)

2. Footwear

1 pair of Flip Flops / Sandals / Crocs

1 pair of Sneakers (required for Scary Aerie)

3. Outwear

Rain Jacket / Poncho

Light Jacket

4. Linens and Bedding

1 Fitted Sheet – Twin/Single Size

1 Top Sheet – Twin/Single Size

1 Pillow with Pillowcase

1 Blanket / Comforter or Sleeping Bag

1 Pool Towel

1 Shower Towel

5. Toiletries

Toothbrush

Toothpaste

Soap / Shower Gel

Shampoo / Conditioner

Brush / Comb

Deodorant

Hair Dryer

Shower Caddy / Basket

6. Sundry Items

Sunscreen

Insect Repellent

Water Bottle

Stationary, Envelopes & Stamps



WHAT NOT TO PACK

Do not bring valuable items to camp. IGC is not responsible for articles which may be lost, taken, broken, or damaged.

1. The following items are **NOT PERMITTED** at camp:

- Cell phones*
- Cameras*
- Laptops*
- MP3 Players and iPods*
- Electronic Readers*
- Tablets*
- I-watches and similar devices*
- All electronics and social media devices*

Flight campers may store their cell phones and travel documents in our office for the length of their stay at IGC.

* If your camper is in possession of any of these devices it will be removed and stored in the camp office until departure. Cell phones, cameras and similar media devices may compromise a camper's safety and privacy. We take the safety and privacy of our campers very seriously and know that you do, too.

2. The following items are **not** recommended at camp:

- Team Leotards or Warm-ups
- Jewelry
- Items of sentimental value



LAUNDRY

Coin operated washers and dryers are available for multiple week campers' use. Money for laundry and detergent can be withdrawn from their canteen account. Campers should not have money in their cabins. Campers can bring their own laundry detergent if preferred.